

THE **3**<sup>RD</sup> SCOTTISH CONFERENCE OF THE  
Primary Care Diabetes Society

Scottish Diabetes Care in the

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Century

**Tuesday 7  
December 2010**

The Thistle Hotel, Glasgow

  
**SB**  
COMMUNICATIONS  
GROUP

A Schofield Healthcare Media company

**PCDS**  
Primary Care Diabetes Society

**Diabetes  
& Primary Care**  
The official journal of the PCDS

# THE 3<sup>RD</sup>

## SCOTTISH CONFERENCE OF THE Primary Care Diabetes Society

### Scottish Diabetes Care in the 21<sup>st</sup> Century

# Programme

**I**n the second decade of the 21<sup>st</sup> century the floodwaters of the diabetes tidal wave continue to rise. Healthcare professionals are further challenged by the swelling therapeutic armoury, changing diagnostic criteria, confusing research findings and debatable national targets and incentives.



The 3<sup>rd</sup> Scottish Conference of the PCDS endeavours to inform and guide the delegates through these turbulent times, using acknowledged experts in diabetes and related topics and with emphasis on the issues that impact on the Scottish population in particular. We look forward to seeing you all in December.

*Richard Quigley, Scottish Representative of the PCDS and GP, Glasgow*

08:00–09:00

**Coffee and registration**

09:00–09:45

**Satellite symposium**

09:45–10:15

**Coffee and exhibition viewing**

#### SESSION 1:

#### SAFELY MANAGING THE HIGHS AND LOWS IN TYPE 2 DIABETES

10:15–10:30

**Opening address**

- Needs assessment of type 2 diabetes in Scotland
- Speaker to be confirmed*

10:30–11:05

**HbA<sub>1c</sub> – how low should we go?**

- Differential targets?
- Safe practice
- Confusing trial evidence

*Mike Small, Consultant Diabetologist, Glasgow*

11:05–11:40

**Optimising second- and third-line treatment**

- Individually tailored treatment
- The pros and cons of choice
- SIGN guidelines

*Greg Jones, Consultant Diabetologist, Glasgow*

11:40–12:15

**Which injectable?**

- Insulin or GLP-1 receptor agonist?
- When to switch

*Karen Adamson, Consultant Diabetologist, Edinburgh*

12:15–13:30

**Lunch and exhibition viewing**

## SESSION 2:

13:30–14:20

## INTERACTIVE MASTERCLASSES

### Masterclasses (first rotation)

- 1** How to tackle health inequalities in hard-to-reach groups
- Cultural barriers in south Asian groups
  - Implications of fasting for people with diabetes
  - Working with people with diabetes who have learning disabilities

*Alia Gilani, Health Inequalities Pharmacist, Glasgow*

- 2** Bariatric surgery in type 2 diabetes
- Who is eligible?
  - Benefits of risks
  - Long-term results

*David Galloway, Consultant Bariatric Surgeon, Glasgow*

- 3** Diabetes diagnosis criteria using HbA<sub>1c</sub> as a diagnostic tool
- The switch to HbA<sub>1c</sub>
  - Transitional problems

*Naveed Sattar, Professor in Metabolic Medicine and Honorary Consultant, Glasgow*

- 4** Sexual dysfunction in diabetes
- Implications of erectile dysfunction
  - Diagnosis
  - Treatments

*Ian Russell, Specialist in Andrology and Sexual Medicine, Dumfries and Galloway*

- 5** Practical aspects of injectable therapy
- Insulin or GLP-1 receptor agonist?
  - Patient selection
  - Specific problems

*Speaker to be confirmed*

- 6** Renal care and eGFR
- Interpreting blood results
  - Interpreting urine results
  - Pharmacological management of renal impairment in primary care

*Mark Strachan, Consultant in Diabetes and Endocrinology, Edinburgh*

14:20–15:10

### Masterclasses (second rotation)

15:10–15:40

### Tea and exhibition viewing

## SESSION 3:

15:40–16:20

## DIABETES CARE: A VERY SCOTTISH PERSPECTIVE

### SCI-DC: Scottish Care Information – Diabetes Collaboration

- Does IT improve clinical management?
- Advantages of a national IT system

*Alistair Emslie-Smith, GP, NHS Tayside*

16:20–16:50

### Scottish Public Health Network: Screening and prevention

- Screening criteria
- Prevention

*Helen Colhoun, Professor of Public Health, University of Dundee, and Chair of the ScotPHN Project Group on Type 2 Diabetes*



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# SCOTTISH CONFERENCE OF THE Primary Care Diabetes Society

## Conference booking form

You can also book online at [www.sbcommunicationsgroup.com/events](http://www.sbcommunicationsgroup.com/events)

### Personal Details

Please fill in your name, job title and place of work as you would like them to appear on the delegate list. Please use BLOCK CAPITALS. (If you wish to book more than one place, please photocopy this form or write other names on a separate sheet.)

Title:  Full name:

Post/job title:

Place of work:

Special requests (e.g. dietary):

Daytime phone:  Daytime fax:

Email address:

Please note that confirmation will be sent by email

Correspondence address:

Postcode:

### Masterclass reservations

Please choose TWO masterclasses from the list below:

- |  |   |
|--|---|
| <input type="checkbox"/> 1. How to tackle health inequalities in hard-to-reach groups                | <input type="checkbox"/> 4. Sexual dysfunction in diabetes          |
| <input type="checkbox"/> 2. Bariatric Surgery in type 2 diabetes risks                               | <input type="checkbox"/> 5. Practical aspects of injectable therapy |
| <input type="checkbox"/> 3. Diabetes diagnosis criteria using HbA <sub>1c</sub> as a diagnostic tool | <input type="checkbox"/> 6. Renal care and eGFR                     |

### Conference costs

#### GPs or hospital doctor

- PCDS member rate\* £120.00 (inclusive of VAT)  
 Non-member rate £145.00 (inclusive of VAT)

#### Nurse or other healthcare professionals

- PCDS member rate\* £97.50 (inclusive of VAT)  
 Non-member rate £120.00 (inclusive of VAT)

My PCDS number is:  \*Membership of the PCDS is free to all healthcare professionals working in primary care and is available by registering online at [www.pcdsociety.org](http://www.pcdsociety.org)

### Payment

A. I enclose a cheque for £  made payable to SB Communications Group

B. Please send an invoice for £  to the following address (only complete if different to correspondence address):

Postcode:

Contact name  and telephone number:  (finance office or person responsible for payment)

### Accommodation

Discounted rates are available at hotels near the conference venue. To book a room please contact: Jigsaw Accommodation Booking service on 0870 752 0433



### Please send your completed form to:

Events Team, SB Communications Group, 3.05 Enterprise House,  
1-2 Hatfields, London, SE1 9PG

Email: [bookings@sbcommunicationsgroup.com](mailto:bookings@sbcommunicationsgroup.com)

Tel: 020 7627 1510 Fax: 020 7627 1570

### Cancellations

Cancellations must be received in writing by Monday 8 November 2010 and will be refunded less a 20% processing charge. After this date, we regret that registration fees will not be refunded. Substitutions may be made in writing at any time without charge.