

Scottish Diabetes Education Network Report of meeting held on 6th October 2008

The Scottish Diabetes Group supported a meeting at Heriot Watt University, Edinburgh, to allow discussion on establishing a Scottish Diabetes Education Network. David Caven and Joan Everett of the national Diabetes Education Network (DEN) steering group facilitated the meeting along with Tony Doherty, care advisor Diabetes UK and Theresa Ferrie., research clinician for Type 1 diabetes education.

24 people attended the afternoon meeting, representing consultant physicians, DSN's and dietitians from adult and paediatric services and people with diabetes.

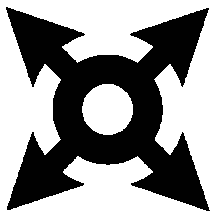
The meeting programme can be viewed below.

The afternoon was split into two sessions. The first session gave an opportunity to hear about some of the patient education programmes being run in Scotland for children with type 1 diabetes, adults with type 1 diabetes and adults with type 2 diabetes. The second session opened up discussion. Delegates were allocated to four small groups and asked to consider:

1. What have you learnt from the presentations?
2. How will you take forward what you have learnt?
3. Will a Regional Scottish Diabetes Education Network be useful and what would be its role?

The presentations and a summary of the feedback from the small groups can be viewed below.

Overall the meeting was extremely positive. The outcome from discussion was strongly in favour of establishing a Scottish DEN. There was agreement that both Tony Doherty and Theresa Ferrie were ideally placed to support the network and establish a small steering group to outline the role of the network and how this will integrate with the work of the SDG subgroups and action plan.



Diabetes Education Network Scotland
6th October 2008
Cedar Room, Hugh Nisbet Building
Heriot Watt University, Riccarton Campus

| | | |
|-------------|--|--|
| 2.00 – 2.15 | Welcome, Introduction and background | Theresa Ferrie, Tony Doherty David Caven and Joan Everett |
| 2.15 – 3.15 | Short presentations of some examples of structured education in Scotland | |
| | 1. Yorkhill hospital Glasgow | Alison Johnson and Fiona Lamb |
| | 2. Paisley RAH | Deborah Kirby |
| | 3. Lanarkshire Health Board | Gillian Smith |
| | 4. Ayrshire and Arran – BRUCIE | Susan Diamond and Anne Reid |
| | 5. Lothian - RECLAIM | Joan Allwinkle and Debbie Anderson |
| | 6. DAFNE | Aileen McKillop-Smith |
| | 7. DESMOND | May Lavelle Marilyn Jackson, Lay educator |
| 3.15 – 3.30 | Break for Coffee | |
| 3.30 – 4.15 | Open Forum/Discussion | |
| | ○ Pro's and Con's of a Scottish Diabetes Education Network | |
| | ○ Identifying the role of the Network | |
| 4.15 – 4.30 | What Next? | |
| 4.30 | Close and Thanks | |

Feedback from small groups

What have you learnt from the presentations?

How will you take forward what you have learnt?

Will a Regional Scottish Diabetes Education Network be useful and what would be its role?

Group feedback

Key Messages

Lots of good work going on

Lots of opportunity to share

Prioritise above traditional model

Cost vs value

One model does not fit all

Importance of enthusiastic/champions

Key components

"empowerment" of those delivering – are we paying lip service to empowerment

Provision of education in different ways gives diversity

All committed to structured education

All doing slightly different packages

Need to share ideas

Resources/finances

Taking it forward

Needs to be properly funded – especially admin time

Its challenging

Need to get other courses accredited

Need core curriculum with paediatric, type 1 and type 2 modules and stratified education

How can we move forward within limited resources?

Why do some people come and others don't

Role of Network

Collective YES to network to help establish training for professionals

£££ to take forward – need lobbying

Network needed to share ideas and there is strength in numbers

Quality

Communication

Help to get courses accredited

Gain educational qualifications

Share resources and information

Collaboration between patients and educators

Education network to support others, share ideas, include and exclude ideas (what works and what has not worked)

Set up internet chat forum (email as opposed to meetings)

Exchange of good practice

Regional/national links

Update/advise/ lobby for resources